



Community Based Therapeutic Group Homes
 Therapeutic services are provided in as homelike a setting as possible. Carlton Manor owns and operates two 12 bed Specialized Therapeutic Group Homes located in St. Petersburg and Pinellas Park Florida. Both Specialized Therapeutic Group Care homes are located in the heart of our community in residential neighborhoods.

Accreditation; February 8, 2010

CARLTON MANOR, INC. HAS BEEN ACCREDITED BY THE COUNCIL ON ACCREDITATION

The Council on Accreditation (COA) is delighted to inform you that Carlton Manor, Inc. has been accredited. COA's commitment to maintaining the highest level of standards and quality improvement is designed to identify providers that have set high performance standards for themselves and have made a commitment to their constituents to deliver the highest quality services. COA is proud to recognize Carlton Manor, Inc. as one of these outstanding providers.



COA accreditation is an objective and reliable verification that provides confidence and support to an organization's service recipients, board members, staff and community partners. The COA accreditation process involves a detailed review and analysis of both an organization's administrative operations and its service delivery practices. All are "measured" against national standards of best practice. These standards emphasize services that are accessible, appropriate, culturally responsive, evidence based, and outcomes-oriented. In addition, they confirm that the services are provided by a skilled and supported workforce and that all individuals are treated with dignity and respect.

Because COA reviews and accredits the *entire* organization, not just specific programs, you can have confidence in the credibility, integrity and achievement of your *entire* organization.

COA congratulates Carlton Manor, Inc. for their hard work and wonderful achievement and is proud to have it as part of COA's Community of Excellence.



Continuum of Care

Through the years Carlton Manor Inc. has developed a continuum of care and services to meet the needs of troubled children, youth and families throughout our community. In addition to our Specialized Therapeutic Group Care program, Carlton Manor also provides an Enhanced Care Group Home program for older dependant youth, a Supportive Foster Care program serving approximately 40 children placed in 25 Carlton Manor licensed therapeutic foster homes, Children's Mental Health Targeted Case Management services, and Transitional Living services for dependant youth preparing to turn 18 years of age. In 2010 Carlton Manor is caring for and serving approximately 80 troubled children and youth on a daily basis.

Referrals and Information

Carlton Manor's Specialized Therapeutic Group Care program referrals and requests for information regarding programs and services can be obtained from **Dave Hytner MS, Director of Programs**. Dave can be reached at (727) 422-5742 and via email at DHytner@carltonmanor.org



Program Outcomes

Carlton Manor's commitment to support real change and development for severely emotionally handicapped children is carefully measured. Exceptional mental health, socialization and educational skill building services are provided through a loving and structured environment. The progress of 'Carlton Manor Kids' is rated "outstanding" as compared with state and national target outcomes for services provided to severely emotionally disturbed children and youth.

Carlton Manor FY 2008-2009 Performance Outcomes

	Pre-Carlton Manor Admission	Florida DCF Target	Carlton Manor Therapeutic Group Homes	Carlton Manor Therapeutic Foster Care
School Attendance	60 %	91.12%	95.5%	97%
Days in Community	255	351.64	363.35	360.87
Family Treatment Plan	20%	does not measure	93.5%	91%

*Carlton Manor served a total of 55 children in 3 therapeutic homes and provided services for 44 children in specialized Carlton Manor therapeutic high level foster care homes.



Serving Children With Passion and Compassion

Carlton Manor, Inc. serves our community's most vulnerable children through services in 3 specialized therapeutic group homes and 25+ specially trained therapeutic foster care homes in Pinellas, Hillsborough and Pasco Counties. Carlton Manor's expertise in caring for the severely emotionally disturbed child is matched by the passion and compassion of the skilled caregivers that have been working to benefit these children for 30 years.

Carlton Manor, Inc. consistently provides a loving and structured environment so that each child's primary need for safety, security and support are wholly met.



Through intensive services provided by a dedicated treatment team, emotional wounds are healed, positive self esteem is built, confidence is instilled, fears are outgrown, daily living, educational, and pro-social interpersonal skills and behaviors are developed. Our young children and youth suffer with severe emotional handicaps due to a life history of family dysfunction, neglect, abandonment and in many instances severe emotional, physical and sexual abuse.

Carlton Manor's highly trained staff embraces a dedicated mission to lovingly care for the whole child, seeking to reveal each one's full God-given potential. A remarkable group of counselors, therapists, case and program managers work diligently in fulfilling their positions of special trust, providing comprehensive treatment services, and insuring a safe environment for each child and family to heal and develop mentally, socially, and spiritually.



Carlton Manor Inc.

A Beacon of Hope!



Specialized Therapeutic Group Care

Since 1980, Carlton Manor, Inc. has been providing an environment of compassionate care, support and high quality services through our Therapeutic Group Care programs.

The mission of the Specialized Therapeutic Group Care program is to assist children, youth and their families to experience emotional healing and behavioral change. We pursue a true partnership with each individual and family, striving to maximize their growth, empowerment, stability and independence.

The program is designed to help emotionally handicapped (E-H), severely emotionally disturbed (SED) and at-risk children and youth ages 6-15 become successful in their family, home and community environment and to reduce the potential placement of these children and youth in acute inpatient, juvenile justice commitment or long-term mental health residential placements.

Carlton Manor serves children, youth and families who are experiencing severe emotional and behavioral problems. 60% of our program participants are in the custody of their biological, relative or adoptive families. 40% of our participants are dependant and in the custody of the State of Florida. The ultimate goal for every child, youth and family served through our Specialized Therapeutic Group Care program is to provide a compassionate, safe and stable environment which will help them to experience success at home, in school and in the community and to reunify, strengthen and preserve the family.

Key Program Components

- Complete Individualized Treatment Plan
- 24 Hour / 7 days per week high quality care of children and youth by specially trained and highly committed professional staff
- Intensive Family Work and Weekend Family Visits
- Weekly individual, group and family therapy with Master's level therapist
- Outstanding Therapeutic Milieu & skills development programming
- Full treatment team (includes Program Manager, Primary Clinician/Therapist, Group Home Counselors, RN, ARNP and Psychiatrist)
- High level of community based activities throughout Pinellas County
- Strong partnership and involvement with local public schools to support client success and achievement in the public school settings



30 Years of Commitment to Family Work

Since our beginning in June of 1980, Carlton Manor Inc. has focused our treatment philosophy and practices on serving both the child and the family. Recent studies in the field continue to strongly confirm that a child's relationship with his/her parents is the primary factor affecting academic achievement and positive social development. Relationships with their parents and significant others are primary sources of motivation to continue to strive towards positive development and to resist negative peer influences, substance and alcohol abuse, at-risk sexual and delinquent behavior.

Carlton Manor believes that partnering with our families reinforces the development of their strengths, assets and natural supports. All families are provided weekly family therapy with the Master's level therapist. A strong family counseling approach grounded in the framework of "family systems" focuses on helping the child and family to develop the skills to re-build and maintain positive parent-child relationships. As often as is possible, children and youth return home on weekends and holidays to build upon their family relationships, practice new skills and resolve problems as they arise. At Carlton Manor, we have come to recognize the intrinsic need for children and youth to remain attached with their families and to participate as an active family member throughout their enrollment in our Specialized Therapeutic Group Care program.



For dependant children with parents working on a reunification case plan, our program provides the same high level of family counseling and family support. In time these families also engage in extended overnight visits with their children. For dependant children who do not have families, our program works to stabilize the emotions and behaviors associated with the abandonment and attachment issues, and then strives to identify adoptive and/or foster families that may provide the best match. When the match is made, our program provides services and visits towards ensuring compatibility and permanency. A weekend (24/7) program is provided for foster children who do not go home on the weekend.

Complete Individualized Treatment Plan

An Individualized Treatment Plan guides the provision of all Specialized Therapeutic Group Care services. The Treatment Plan development begins with the assessment of the referral packet which contains significant background such as psychological, family history, educational, medical, legal and psychiatric information. Treatment plan development continues through the assessment process with the youth, family, primary clinician/therapist, psychiatric ARNP, school personnel, and group home staff providing input. The final document clearly defines specific behaviors that will be addressed, specifies the therapeutic interventions that will be provided and includes specific goals, objectives and interventions for the child and family. The youth and his parent/guardian review and sign the treatment plan. Treatment approaches and interventions are adjusted as the youth and family progress, but in all cases the treatment plan is reviewed monthly. Specialized psychological, vocational and medical consultation is arranged if indicated. Each treatment team consists of a Program Manager, Primary Clinician/Therapist, Group Home Counselor(s), ARNP / Psychiatrist, RN, parent / legal guardian and the child.



Therapeutic Programming

In addition to receiving individual, group and family therapy, the children and youth in our Specialized Therapeutic Group Care program remain highly engaged in their community through their participation in after-school extracurricular activities, sports teams, participating in various community events and projects, and attendance at church and athletic sporting events. Therapeutic and recreational activities are planned and implemented on a daily basis to increase self esteem, develop socialization skills, build and strengthen responsible attitudes and behaviors and reinforce self confidence and personal resiliency. Our Group Home Counselors assist the youth in developing academic and daily living skills as they "team-up" and work together on group projects, daily chores, home-work/reading time, behavioral plan and role modeling of appropriate problem solving and social skills.